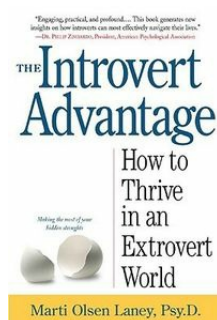


THE INTROVERT ADVANTAGE: HOW TO THRIVE IN AN EXTROVERT WORLD

Do you "zone out" if too much is going on? Are you energised by spending time alone? In meetings, do you need to be asked for your opinions and ideas? Do you tend to notice details that other people miss? Is your ideal celebration a small get-together, rather than a big party? Do you often feel like a tortoise surrounded by hares?...



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The Introvert Advantage: How to Thrive in an Extrovert World

Author	Marti Olsen Laney
Original Book Format	Paperback
Number of Pages	330 pages
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Peek Inside the Book

When overstimulated, the introverts mind can shut down, saying, No more input, please. It goes dark. Marti Olsen Laney, The Introvert Advantage: How to Thrive in an Extrovert World

The introvert is pressured daily, almost from the moment of awakening, to respond and conform to the outer world. Marti Olsen Laney, The Introvert Advantage: How to Thrive in an Extrovert World

Reader's Opinions

I could pretty much sum this book up in one sentence: "You're an introvert, and that's okay." Besides the repeated reminders that there is nothing psychologically wrong with you if you're an introvert, this book was pretty good. I enjoyed reading the defining characteristics of classic introverts and extroverts; it actually made me realize...

If you don't know me, you may not realize how momentous it is for me to not only read a non-fiction book, but give it five stars. My friend, Mikkee, recommended this book and I am so glad I read it. I've always been an introvert, but I think as I've aged, I've become more aware of how this makes me feel and how my needs